

# 2019 NOVEL CORONAVIRUS Acute Respiratory Disease (2019-nCoV ARD)

## HEALTH ADVISORY

For Filipinos returning to the Philippines  
from China, Hong Kong, Macau,  
and Taiwan



**1** DOH will take care of you if you return home.

**2** Upon arrival in the Philippines, you will be taken care of in a health facility for monitoring and further management for 14 days.

**3** If you have fever and/or cough upon arrival, immediately inform the quarantine medical officers on duty at the airport or seaport.

**4** Wash hands often with soap and water for at least 20 seconds.

Use an alcohol-based hand sanitizer if soap and water are not available.

**5** Cover your mouth and nose with a tissue or shirt sleeve when coughing and sneezing.

Dispose tissue properly.

**6** Observe social distance from loved ones if you are manifesting flu-like symptoms.



UNIVERSAL HEALTH CARE

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